

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ 13:45 The listed starttimes are indicative!

Coaches: Van Pelt Marie

Coaches: Kindt Joachim HEADCOACH

Coaches: Bogaert Ciaran

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BUTTERFLY WOMEN			Heat:1, starttime: 14:00
Heat: 1/2 Lane : 4 Athlete: DE GROOTE LIESL			Q-time: 01:19:43
PB (50m pool): 01:19.43 Aalst 11/05/2025			PB (25m pool): 01:16.66 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.61	01:19.43	
	00:36.61	00:42.82	
			

Coach feedback:

Event number: 1: 100M BUTTERFLY WOMEN			Heat:2, starttime: 14:02
Heat: 2/2 Lane : 3 Athlete: RUYSSINCK DIEDE			Q-time: 01:12:44
PB (50m pool): 01:12.44 Antwerpen 13/07/2025			PB (25m pool): 01:10.21 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.58	01:12.44	
	00:33.58	00:38.86	
			

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN			Heat:1, starttime: 14:05
Heat: 1/2 Lane : 3 Athlete: LEBBE ILAN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 2: 100M BUTTERFLY MEN			Heat:1, starttime: 14:05
Heat: 1/2 Lane : 5 Athlete: VERHAEVERT FEN			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 3: 100M BACKSTROKE WOMEN			Heat:1, starttime: 14:09
Heat: 1/5 Lane : 2 Athlete: VAN CALENBERGH LENA			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 3: 100M BACKSTROKE WOMEN			Heat:1, starttime: 14:09
Heat: 1/5 Lane : 3 Athlete: HUYLEBROECK TELMA			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 3: 100M BACKSTROKE WOMEN			Heat:1, starttime: 14:09
Heat: 1/5 Lane : 6 Athlete: VAN AUDENHOVE LAURE			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

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Event number: 3: 100M BACKSTROKE WOMEN			Heat:1, starttime: 14:09
Heat: 1/5 Lane : 7 Athlete: TALHAOUI HANA			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 3: 100M BACKSTROKE WOMEN			Heat:2, starttime: 14:12
Heat: 2/5 Lane : 1 Athlete: DUYTSCHAEVER LOTTE			Q-time: 01:50:02
PB (50m pool): 01:50.02 Aalst 21/12/2024 PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	00:51.60	01:50.02	
	00:51.60	00:58.42	

Coach feedback:

Event number: 3: 100M BACKSTROKE WOMEN			Heat:2, starttime: 14:12
Heat: 2/5 Lane : 3 Athlete: JACOB EMMA			Q-time: 01:34:17
PB (50m pool): 01:34.17 Antwerpen 13/07/2025 PB (25m pool): 01:28.44 SB: no time			
	5 0 M	1 0 0 M	
PB	00:47.45	01:34.17	
	00:47.45	00:46.72	

Coach feedback:

Event number: 3: 100M BACKSTROKE WOMEN			Heat:2, starttime: 14:12
Heat: 2/5 Lane : 4 Athlete: BADIDI CHAHD			Q-time: 01:30:74
PB (50m pool): 01:30.74 Antwerp 02/02/2025 PB (25m pool): 01:26.72 SB: no time			
	5 0 M	1 0 0 M	
PB	00:44.62	01:30.74	
	00:44.62	00:46.12	

Coach feedback:

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Event number: 3: 100M BACKSTROKE WOMEN			Heat:2, starttime: 14:12
Heat: 2/5 Lane : 6 Athlete: VANDORPE AMBER			Q-time: 01:38:62
PB (50m pool): 01:38.62 Antwerpen 13/07/2025			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	00:47.64	01:38.62	
	00:47.64	00:50.98	
			

Coach feedback:

Event number: 3: 100M BACKSTROKE WOMEN			Heat:3, starttime: 14:15
Heat: 3/5 Lane : 6 Athlete: GULDEMONT NELL			Q-time: 01:25:20
PB (50m pool): 01:25.20 Antwerp 02/02/2025			PB (25m pool): 01:18.84 SB: no time
	5 0 M	1 0 0 M	
PB	00:41.73	01:25.20	
	00:41.73	00:43.47	
			

Coach feedback:

Event number: 3: 100M BACKSTROKE WOMEN			Heat:3, starttime: 14:15
Heat: 3/5 Lane : 7 Athlete: KEMSEKE JENNE			Q-time: 01:29:36
PB (50m pool): 01:29.36 Antwerpen 13/07/2025			PB (25m pool): 01:27.66 SB: no time
	5 0 M	1 0 0 M	
PB	00:44.14	01:29.36	
	00:44.14	00:45.22	
			

Coach feedback:

Event number: 3: 100M BACKSTROKE WOMEN			Heat:4, starttime: 14:17
Heat: 4/5 Lane : 1 Athlete: OSSELAER GEIKE			Q-time: 01:21:23
PB (50m pool): 01:21.23 Antwerpen 13/07/2025			PB (25m pool): 01:16.87 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.69	01:21.23	
	00:39.69	00:41.54	
			

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 3: 100M BACKSTROKE WOMEN			Heat:4, starttime: 14:17
Heat: 4/5 Lane : 2 Athlete: BAYENS NINA			Q-time: 01:19:65
PB (50m pool): 01:19.65 Antwerp 26/01/2025			PB (25m pool): 01:17.95 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.69	01:19.65	
	00:38.69	00:40.96	
			

Coach feedback:

Event number: 3: 100M BACKSTROKE WOMEN			Heat:4, starttime: 14:17
Heat: 4/5 Lane : 6 Athlete: OSSELAER KATO			Q-time: 01:19:13
PB (50m pool): 01:19.13 Antwerpen 13/07/2025			PB (25m pool): 01:17.84 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.94	01:19.13	
	00:38.94	00:40.19	
			

Coach feedback:

Event number: 3: 100M BACKSTROKE WOMEN			Heat:4, starttime: 14:17
Heat: 4/5 Lane : 7 Athlete: DE TROYER ELISE			Q-time: 01:20:46
PB (50m pool): 01:20.46 Antwerpen 13/07/2025			PB (25m pool): 01:15.79 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.19	01:20.46	
	00:38.19	00:42.27	
			

Coach feedback:

Event number: 4: 100M BACKSTROKE MEN			Heat:1, starttime: 14:22
Heat: 1/3 Lane : 1 Athlete: BLONDEEL NILS			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 4: 100M BACKSTROKE MEN			Heat:1, starttime: 14:22
Heat: 1/3 Lane : 2 Athlete: LANCKMAN CAS			Q-time: 01:43:81
PB (50m pool): 01:43.81 Aalst 11/05/2025			PB (25m pool): 01:44.89 SB: no time
	5 0 M	1 0 0 M	
PB	00:50.03	01:43.81	
	00:50.03	00:53.78	
			

Coach feedback:

Event number: 4: 100M BACKSTROKE MEN			Heat:1, starttime: 14:22
Heat: 1/3 Lane : 8 Athlete: VERHAEVERT FEN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 4: 100M BACKSTROKE MEN			Heat:2, starttime: 14:24
Heat: 2/3 Lane : 8 Athlete: TALHAOU MAHER			Q-time: 01:28:17
PB (50m pool): 01:28.17 Antwerpen 13/07/2025			PB (25m pool): 01:25.28 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.08	01:28.17	
	00:43.08	00:45.09	
			

Coach feedback:

Event number: 4: 100M BACKSTROKE MEN			Heat:3, starttime: 14:27
Heat: 3/3 Lane : 6 Athlete: WOJCIULA TYMON			Q-time: 01:08:13
PB (50m pool): 01:08.13 Antwerpen 20/07/2025			PB (25m pool): 01:04.01 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.47	01:08.13	
	00:33.47	00:34.66	
			

Coach feedback:

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Event number: 5: 100M BREASTSTROKE WOMEN			Heat:1, starttime: 14:29
Heat: 1/4 Lane : 2 Athlete: VAN CALENBERGH LENA			Q-time: 02:00:24
PB (50m pool): 02:00.24 WACHTEBEKE 19/01/2025			PB (25m pool): 01:54.33 SB: no time
	5 0 M	1 0 0 M	
PB	no time	02:00.24	
	no time		
			

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN			Heat:1, starttime: 14:29
Heat: 1/4 Lane : 3 Athlete: VELLEMANNS LORE			Q-time: 01:49:41
PB (50m pool): 01:49.41 Antwerpen 13/07/2025			PB (25m pool): 01:53.66 SB: no time
	5 0 M	1 0 0 M	
PB	00:52.15	01:49.41	
	00:52.15	00:57.26	
			

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN			Heat:1, starttime: 14:29
Heat: 1/4 Lane : 5 Athlete: DENEFF ELLA			Q-time: 01:48:36
PB (50m pool): 01:48.36 Antwerpen 13/07/2025			PB (25m pool): 01:55.52 SB: no time
	5 0 M	1 0 0 M	
PB	00:52.44	01:48.36	
	00:52.44	00:55.92	
			

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN			Heat:2, starttime: 14:32
Heat: 2/4 Lane : 2 Athlete: HOEBEECK TINNE			Q-time: 01:43:14
PB (50m pool): 01:43.14 Antwerp 04/02/2024			PB (25m pool): 01:40.57 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:43.14	
	no time		
			

Coach feedback:

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Event number: 5: 100M BREASTSTROKE WOMEN			Heat:3, starttime: 14:34
Heat: 3/4 Lane : 2 Athlete: VAN NIEUWENHUYSE LOTTE			Q-time: 01:30:94
PB (50m pool): 01:30.94 Antwerpen 13/07/2025			PB (25m pool): 01:27.53 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.05	01:30.94	
	00:43.05	00:47.89	
			

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN			Heat:3, starttime: 14:34
Heat: 3/4 Lane : 7 Athlete: EELBODE EMELIE			Q-time: 01:31:16
PB (50m pool): 01:31.16 Antwerp 28/01/2024			PB (25m pool): 01:26.82 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:31.16	
	no time		
			

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN			Heat:4, starttime: 14:36
Heat: 4/4 Lane : 2 Athlete: BULLEN LOTTE			Q-time: 01:24:31
PB (50m pool): 01:24.31 Antwerpen 20/07/2025			PB (25m pool): 01:21.98 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.04	01:24.31	
	00:40.04	00:44.27	
			

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN			Heat:4, starttime: 14:36
Heat: 4/4 Lane : 3 Athlete: LEGRAND ALICIA			Q-time: 01:23:82
PB (50m pool): 01:23.82 Antwerpen 20/07/2025			PB (25m pool): 01:25.54 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.59	01:23.82	
	00:39.59	00:44.23	
			

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 5: 100M BREASTSTROKE WOMEN			Heat:4, starttime: 14:36
Heat: 4/4 Lane : 6 Athlete: OSSELAER KATO			Q-time: 01:23:89
PB (50m pool): 01:23.89 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:23.96 SB: no time			
	5 0 M	1 0 0 M	
PB	00:39.58	01:23.89	
	00:39.58	00:44.31	
			

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN			Heat:4, starttime: 14:36
Heat: 4/4 Lane : 8 Athlete: REYCHLER JINNE			Q-time: 01:26:79
PB (50m pool): 01:26.79 Antwerpen 13/07/2025 PB (25m pool): 01:25.13 SB: no time			
	5 0 M	1 0 0 M	
PB	00:39.90	01:26.79	
	00:39.90	00:46.89	
			

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN			Heat:1, starttime: 14:38
Heat: 1/3 Lane : 2 Athlete: BLONDEEL NILS			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN			Heat:1, starttime: 14:38
Heat: 1/3 Lane : 3 Athlete: BUELENS RUUD			Q-time: 01:50:60
PB (50m pool): 01:50.60 Aalst 11/05/2025 PB (25m pool): 01:43.75 SB: no time			
	5 0 M	1 0 0 M	
PB	00:52.87	01:50.60	
	00:52.87	00:57.73	
			

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 6: 100M BREASTSTROKE MEN			Heat:1, starttime: 14:38
Heat: 1/3 Lane : 5 Athlete: VAN CALENBERGH NATHAN			Q-time: 01:45:45
PB (50m pool): 01:45.45 Antwerp 02/02/2025			PB (25m pool): 01:48.73 SB: no time
	5 0 M	1 0 0 M	
PB	00:48.35	01:45.45	
	00:48.35	00:57.10	
			

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN			Heat:1, starttime: 14:38
Heat: 1/3 Lane : 6 Athlete: DEBOLLE KYAN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:51.52 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN			Heat:2, starttime: 14:41
Heat: 2/3 Lane : 2 Athlete: WALTNIEL BAVO			Q-time: 01:24:83
PB (50m pool): 01:24.83 Antwerpen 13/07/2025			PB (25m pool): 01:19.12 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.47	01:24.83	
	00:39.47	00:45.36	
			

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN			Heat:2, starttime: 14:41
Heat: 2/3 Lane : 4 Athlete: AHALLAL ADAM			Q-time: 01:21:09
PB (50m pool): 01:21.09 Antwerpen 13/07/2025			PB (25m pool): 01:18.84 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.58	01:21.09	
	00:36.58	00:44.51	
			

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 6: 100M BREASTSTROKE MEN			Heat:2, starttime: 14:41
Heat: 2/3 Lane : 5 Athlete: DE BACKER RUNE			Q-time: 01:22:85
PB (50m pool): 01:22.85 Antwerpen 13/07/2025			PB (25m pool): 01:21.91 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.41	01:22.85	
	00:38.41	00:44.44	
			

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN			Heat:2, starttime: 14:41
Heat: 2/3 Lane : 6 Athlete: DE DONDER THOR			Q-time: 01:24:30
PB (50m pool): 01:24.30 Antwerpen 20/07/2025			PB (25m pool): 01:22.68 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.15	01:24.30	
	00:40.15	00:44.15	
			

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN			Heat:2, starttime: 14:41
Heat: 2/3 Lane : 7 Athlete: TER-EGANYAN ARMAN			Q-time: 01:25:65
PB (50m pool): 01:25.65 Antwerpen 13/07/2025			PB (25m pool): 01:23.57 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.03	01:25.65	
	00:40.03	00:45.62	
			

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN			Heat:3, starttime: 14:43
Heat: 3/3 Lane : 5 Athlete: DEKYVERE MATHIAS			Q-time: 01:15:03
PB (50m pool): 01:15.03 Antwerpen 27/07/2025			PB (25m pool): 01:12.52 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.82	01:15.03	
	00:34.82	00:40.21	
			

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 6: 100M BREASTSTROKE MEN			Heat:3, starttime: 14:43
Heat: 3/3 Lane : 7 Athlete: WALTNIEL NAND			Q-time: 01:18:96
PB (50m pool): 01:18.96 Antwerpen 13/07/2025			PB (25m pool): 01:15.17 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.71	01:18.96	
	00:36.71	00:42.25	
			

Coach feedback:

Event number: 7: 100M FREESTYLE WOMEN			Heat:1, starttime: 14:45
Heat: 1/2 Lane : 2 Athlete: VAN AUDENHOVE LAURE			Q-time: 01:23:37
PB (50m pool): 01:23.37 Antwerp 02/02/2025			PB (25m pool): 01:24.72 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.62	01:23.37	
	00:39.62	00:43.75	
			

Coach feedback:

Event number: 7: 100M FREESTYLE WOMEN			Heat:1, starttime: 14:45
Heat: 1/2 Lane : 4 Athlete: GULDEMONT NELL			Q-time: 01:11:41
PB (50m pool): 01:11.41 Antwerp 26/01/2025			PB (25m pool): 01:10.34 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:11.41	
	no time		
			

Coach feedback:

Event number: 7: 100M FREESTYLE WOMEN			Heat:1, starttime: 14:45
Heat: 1/2 Lane : 5 Athlete: DENEFF ELLA			Q-time: 01:16:36
PB (50m pool): 01:16.36 Antwerpen 13/07/2025			PB (25m pool): 01:21.70 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.16	01:16.36	
	00:36.16	00:40.20	
			

Coach feedback:

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Event number: 7: 100M FREESTYLE WOMEN			Heat:2, starttime: 14:47
Heat: 2/2 Lane : 1 Athlete: DE TROYER ELISE			Q-time: 01:09:10
PB (50m pool): 01:09.10 Antwerpen 13/07/2025			PB (25m pool): 01:07.34 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.33	01:09.10	
	00:33.33	00:35.77	
			

Coach feedback:

Event number: 7: 100M FREESTYLE WOMEN			Heat:2, starttime: 14:47
Heat: 2/2 Lane : 7 Athlete: DE GROOTE LIESL			Q-time: 01:06:62
PB (50m pool): 01:06.62 La Louvière 25/05/2025			PB (25m pool): 01:05.54 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.32	01:06.62	
	00:32.32	00:34.30	
			

Coach feedback:

Event number: 7: 100M FREESTYLE WOMEN			Heat:2, starttime: 14:47
Heat: 2/2 Lane : 8 Athlete: VAN DORPE ADA			Q-time: 01:09:49
PB (50m pool): 01:09.49 Antwerpen 13/07/2025			PB (25m pool): 01:07.13 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.20	01:09.49	
	00:33.20	00:36.29	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN			Heat:1, starttime: 14:49
Heat: 1/3 Lane : 1 Athlete: LANCKMAN CAS			Q-time: 01:30:76
PB (50m pool): 01:30.76 Aalst 11/05/2025			PB (25m pool): 01:32.73 SB: no time
	5 0 M	1 0 0 M	
PB	00:42.86	01:30.76	
	00:42.86	00:47.90	
			

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 8: 100M FREESTYLE MEN			Heat:1, starttime: 14:49
Heat: 1/3 Lane : 2 Athlete: LEBBE ILAN			Q-time: 01:23:60
PB (50m pool): 01:23.60 Aalst 28/06/2025			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	00:38.64	01:23.60	
	00:38.64	00:44.96	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN			Heat:1, starttime: 14:49
Heat: 1/3 Lane : 4 Athlete: TER-EGANYAN ARMAN			Q-time: 01:10:71
PB (50m pool): 01:10.71 Antwerpen 13/07/2025			PB (25m pool): 01:09.93 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.80	01:10.71	
	00:32.80	00:37.91	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN			Heat:1, starttime: 14:49
Heat: 1/3 Lane : 5 Athlete: TALHAOUI MAHER			Q-time: 01:12:62
PB (50m pool): 01:12.62 Antwerpen 13/07/2025			PB (25m pool): 01:13.53 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.11	01:12.62	
	00:34.11	00:38.51	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN			Heat:1, starttime: 14:49
Heat: 1/3 Lane : 6 Athlete: BUELENS RUUD			Q-time: 01:22:48
PB (50m pool): 01:22.48 Aalst 11/05/2025			PB (25m pool): 01:32.16 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.40	01:22.48	
	00:39.40	00:43.08	
			

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 8: 100M FREESTYLE MEN			Heat:1, starttime: 14:49
Heat: 1/3 Lane : 7 Athlete: VAN CALENBERGH NATHAN			Q-time: 01:27:10
PB (50m pool): 01:27.10 Aalst 21/12/2024			PB (25m pool): 01:20.05 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.56	01:27.10	
	00:39.56	00:47.54	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN			Heat:2, starttime: 14:52
Heat: 2/3 Lane : 1 Athlete: OSSELAER ELANO			Q-time: 01:07:89
PB (50m pool): 01:07.89 Antwerpen 13/07/2025			PB (25m pool): 01:04.79 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.35	01:07.89	
	00:32.35	00:35.54	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN			Heat:2, starttime: 14:52
Heat: 2/3 Lane : 3 Athlete: VERHAEVERT NAN			Q-time: 01:03:69
PB (50m pool): 01:03.69 Aalst 21/12/2024			PB (25m pool): 01:04.22 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.36	01:03.69	
	00:30.36	00:33.33	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN			Heat:2, starttime: 14:52
Heat: 2/3 Lane : 6 Athlete: JANSOONE DENNIS			Q-time: 01:03:84
PB (50m pool): 01:03.84 Aalst 28/06/2025			PB (25m pool): 01:05.94 SB: no time
	5 0 M	1 0 0 M	
PB	00:31.69	01:03.84	
	00:31.69	00:32.15	
			

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 8: 100M FREESTYLE MEN			Heat:2, starttime: 14:52
Heat: 2/3 Lane : 8 Athlete: BOMBEECK MATHIAS			Q-time: 01:09:04
PB (50m pool): 01:09.04 Antwerpen 13/07/2025			PB (25m pool): 01:05.66 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.30	01:09.04	
	00:33.30	00:35.74	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN			Heat:3, starttime: 14:53
Heat: 3/3 Lane : 2 Athlete: CATRY GAETAN			Q-time: 00:58:23
PB (50m pool): 00:58.23 Antwerpen 13/07/2025			PB (25m pool): 00:56.40 SB: no time
	5 0 M	1 0 0 M	
PB	00:27.93	00:58.23	
	00:27.93	00:30.30	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN			Heat:3, starttime: 14:53
Heat: 3/3 Lane : 6 Athlete: CAUDRON XIBE			Q-time: 00:57:11
PB (50m pool): 00:57.11 Antwerpen 13/07/2025			PB (25m pool): 00:54.90 SB: no time
	5 0 M	1 0 0 M	
PB	00:27.46	00:57.11	
	00:27.46	00:29.65	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN			Heat:3, starttime: 14:53
Heat: 3/3 Lane : 7 Athlete: WOJCIULA TYMON			Q-time: 00:58:80
PB (50m pool): 00:58.80 Antwerpen 20/07/2025			PB (25m pool): 00:58.34 SB: no time
	5 0 M	1 0 0 M	
PB	00:28.60	00:58.80	
	00:28.60	00:30.20	
			

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 9: 200M MEDLEY WOMEN					Heat:1, starttime: 14:55
Heat: 1/3 Lane : 5 Athlete: DUYTSCHAEVER LOTTE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:21.96 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN					Heat:2, starttime: 14:59
Heat: 2/3 Lane : 4 Athlete: LEGRAND ALICIA					Q-time: 02:55:87
PB (50m pool): 02:55.87 Antwerpen 13/07/2025 PB (25m pool): 02:55.55 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.72	01:26.45	02:16.04	02:55.87	
	00:41.72	00:44.73	00:49.59	00:39.83	
					

Coach feedback:

Event number: 10: 200M MEDLEY MEN					Heat:1, starttime: 15:07
Heat: 1/3 Lane : 4 Athlete: DE RIDDER LEON					Q-time: 03:22:75
PB (50m pool): 03:22.75 Antwerpen 14/07/2024 PB (25m pool): 03:11.45 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:22.75	
	no time				
					

Coach feedback:

Event number: 10: 200M MEDLEY MEN					Heat:3, starttime: 15:15
Heat: 3/3 Lane : 2 Athlete: VAN DEN BROECK LUKAS					Q-time: 02:31:78
PB (50m pool): 02:31.78 Aalst 11/05/2025 PB (25m pool): 02:25.80 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.63	01:14.13	01:57.90	02:31.78	
	00:32.63	00:41.50	00:43.77	00:33.88	
					

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 13: 400M FREESTYLE WOMEN							Heat:1, starttime: 15:23	
Heat: 1/3 Lane : 4 Athlete: VAN LAETHEM MILA							Q-time: 99:99:99	
PB (50m pool): no time			PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 13: 400M FREESTYLE WOMEN							Heat:1, starttime: 15:23	
Heat: 1/3 Lane : 5 Athlete: BADIDI CHAHD							Q-time: 99:99:99	
PB (50m pool): 06:47.70 Aalst. 16/12/2023			PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	06:47.70
	no time							
								

Coach feedback:

Event number: 13: 400M FREESTYLE WOMEN							Heat:2, starttime: 15:30	
Heat: 2/3 Lane : 2 Athlete: JACOB EMMA							Q-time: 06:03:31	
PB (50m pool): 06:03.31 Aalst 28/06/2025				PB (25m pool): 06:05.07 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:40.74	01:26.85	02:13.93	03:00.17	03:47.36	04:35.78	05:20.97	06:03.31
	00:40.74	00:46.11	00:47.08	00:46.24	00:47.19	00:48.42	00:45.19	00:42.34
								

Coach feedback:

Event number: 13: 400M FREESTYLE WOMEN							Heat:2, starttime: 15:30	
Heat: 2/3 Lane : 5 Athlete: OSSELAER GEIKE							Q-time: 05:49:37	
PB (50m pool): 05:49.37 Antwerpen 14/07/2024			PB (25m pool): 05:13.51SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:49.37
	no time							
								

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 13: 400M FREESTYLE WOMEN							Heat:2, starttime: 15:30	
Heat: 2/3 Lane : 6 Athlete: VAN DORPE ADA							Q-time: 05:59:10	
PB (50m pool): 05:59.10 Aalst 21/12/2024				PB (25m pool): no time SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:38.52	01:22.70	02:08.77	02:55.50	03:42.71	04:30.60	05:16.21	05:59.10
	00:38.52	00:44.18	00:46.07	00:46.73	00:47.21	00:47.89	00:45.61	00:42.89
								

Coach feedback:

Event number: 13: 400M FREESTYLE WOMEN							Heat:2, starttime: 15:30	
Heat: 2/3 Lane : 7 Athlete: VAN NIEUWENHUYSE LOTTE							Q-time: 06:29:15	
PB (50m pool): 06:29.15 Aalst 21/12/2024				PB (25m pool): no time SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:43.81	01:33.52	02:25.25	03:15.96	04:07.41	04:57.70	05:45.72	06:29.15
	00:43.81	00:49.71	00:51.73	00:50.71	00:51.45	00:50.29	00:48.02	00:43.43
								

Coach feedback:

Event number: 13: 400M FREESTYLE WOMEN							Heat:3, starttime: 15:37	
Heat: 3/3 Lane : 5 Athlete: BAYENS NINA							Q-time: 05:04:45	
PB (50m pool): 05:04.45 Antwerp 26/01/2025				PB (25m pool): 05:07.12SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.11	01:10.54	01:49.10	02:29.16	03:08.85	03:48.72	04:28.59	05:04.45
	00:33.11	00:37.43	00:38.56	00:40.06	00:39.69	00:39.87	00:39.87	00:35.86
								

Coach feedback:

Event number: 14: 400M FREESTYLE MEN							Heat:1, starttime: 15:44	
Heat: 1/2 Lane : 3 Athlete: DEBOLLE KYAN							Q-time: 99:99:99	
PB (50m pool): no time			PB (25m pool): 05:57.91 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 14: 400M FREESTYLE MEN							Heat:2, starttime: 15:50	
Heat: 2/2 Lane : 1 Athlete: VERNAILLEN SEPPE							Q-time: 05:50:57	
PB (50m pool): 05:50.57 Aalst 21/12/2024				PB (25m pool): 05:51.72SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:37.69	01:23.18	02:09.81	02:55.83	03:42.35	04:28.18	05:12.67	05:50.57
	00:37.69	00:45.49	00:46.63	00:46.02	00:46.52	00:45.83	00:44.49	00:37.90
								

Coach feedback:

Event number: 14: 400M FREESTYLE MEN							Heat:2, starttime: 15:50	
Heat: 2/2 Lane : 5 Athlete: AHALLAL ADAM							Q-time: 04:56:14	
PB (50m pool): 04:56.14 WACHTEBEKE 19/01/2025				PB (25m pool): 05:07.92SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:08.90	no time	02:26.03	no time	no time	no time	04:56.14
	<i>no time</i>							
								

Coach feedback:

Event number: 15: 400M MEDLEY WOMEN							Heat:1, starttime: 15:57	
Heat: 1/1 Lane : 4 Athlete: RUYSSINCK DIEDE							Q-time: 05:41:01	
PB (50m pool): 05:41.01 Antwerpen 27/07/2025				PB (25m pool): 05:48.95 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:36.17	01:19.71	02:05.44	02:49.98	03:35.30	04:21.74	05:02.78	05:41.01
	00:36.17	00:43.54	00:45.73	00:44.54	00:45.32	00:46.44	00:41.04	00:38.23
								

Coach feedback:

Event number: 20: 200M BACKSTROKE MEN							Heat:2, starttime: 16:34	
Heat: 2/3 Lane : 2 Athlete: DE RIDDER LEON						Q-time: 03:04:70		
PB (50m pool): 03:04.70 Antwerpen 13/07/2025				PB (25m pool): no time SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M				
PB	00:42.54	01:28.23	02:17.08	03:04.70				
	00:42.54	00:45.69	00:48.85	00:47.62				
								

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 21: 200M BREASTSTROKE WOMEN					Heat:2, starttime: 16:47
Heat: 2/3 Lane : 4 Athlete: HUYLEBROECK TELMA					Q-time: 03:46:14
PB (50m pool): 03:46.14 Aalst 11/05/2025					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:50.35	01:49.04	02:48.75	03:46.14	
	00:50.35	00:58.69	00:59.71	00:57.39	
					

Coach feedback:

Event number: 21: 200M BREASTSTROKE WOMEN					Heat:3, starttime: 16:52
Heat: 3/3 Lane : 1 Athlete: TALHAOUI HANA					Q-time: 03:39:61
PB (50m pool): 03:39.61 Aalst 11/05/2025					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.55	01:43.92	02:42.59	03:39.61	
	00:48.55	00:55.37	00:58.67	00:57.02	
					

Coach feedback:

Event number: 21: 200M BREASTSTROKE WOMEN					Heat:3, starttime: 16:52
Heat: 3/3 Lane : 3 Athlete: REYCHLER JINNE					Q-time: 03:04:26
PB (50m pool): 03:04.26 Aalst 11/05/2025					PB (25m pool): 02:59.92 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.03	01:28.70	02:16.62	03:04.26	
	00:41.03	00:47.67	00:47.92	00:47.64	
					

Coach feedback:

Event number: 21: 200M BREASTSTROKE WOMEN					Heat:3, starttime: 16:52
Heat: 3/3 Lane : 7 Athlete: KEMSEKE JENNE					Q-time: 03:29:52
PB (50m pool): 03:29.52 Aalst 21/12/2024					PB (25m pool): 03:20.41 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.23	01:43.08	02:37.02	03:29.52	
	00:48.23	00:54.85	00:53.94	00:52.50	
					

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 21: 200M BREASTSTROKE WOMEN					Heat:3, starttime: 16:52
Heat: 3/3 Lane : 8 Athlete: VANDORPE AMBER					Q-time: 03:40:91
PB (50m pool): 03:40.91 Aalst 28/06/2025					PB (25m pool): 03:45.47 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:50.43	01:47.24	02:43.80	03:40.91	
	00:50.43	00:56.81	00:56.56	00:57.11	
					

Coach feedback:

Event number: 22: 200M BREASTSTROKE MEN					Heat:1, starttime: 16:56
Heat: 1/3 Lane : 1 Athlete: BOMBEECK MATHIAS					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 22: 200M BREASTSTROKE MEN					Heat:2, starttime: 17:01
Heat: 2/3 Lane : 1 Athlete: WALTNIEL BAVO					Q-time: 03:07:28
PB (50m pool): 03:07.28 Antwerpen 13/07/2025					PB (25m pool): 02:54.51 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.32	01:29.66	02:18.77	03:07.28	
	00:41.32	00:48.34	00:49.11	00:48.51	
					

Coach feedback:

Event number: 22: 200M BREASTSTROKE MEN					Heat:2, starttime: 17:01
Heat: 2/3 Lane : 2 Athlete: DE DONDER THOR					Q-time: 02:59:16
PB (50m pool): 02:59.16 Antwerpen 20/07/2025					PB (25m pool): 02:56.77 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.75	01:27.91	02:15.14	02:59.16	
	00:40.75	00:47.16	00:47.23	00:44.02	
					

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 22: 200M BREASTSTROKE MEN					Heat:2, starttime: 17:01
Heat: 2/3 Lane : 4 Athlete: VAN DEN BROECK LUKAS					Q-time: 02:52:92
PB (50m pool): 02:52.92 Antwerpen 13/07/2025					PB (25m pool): 03:01.51 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.41	01:24.31	02:09.84	02:52.92	
	00:39.41	00:44.90	00:45.53	00:43.08	
					

Coach feedback:

Event number: 22: 200M BREASTSTROKE MEN					Heat:2, starttime: 17:01
Heat: 2/3 Lane : 5 Athlete: CATRY GAETAN					Q-time: 02:53:60
PB (50m pool): 02:51.73 ANTWERPEN 23/07/2023					PB (25m pool): 02:47.84 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:51.73	
	no time				
					

Coach feedback:

Event number: 22: 200M BREASTSTROKE MEN					Heat:2, starttime: 17:01
Heat: 2/3 Lane : 7 Athlete: DE BACKER RUNE					Q-time: 03:04:74
PB (50m pool): 03:04.74 Antwerpen 13/07/2025					PB (25m pool): 03:10.38 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.17	01:29.01	02:17.33	03:04.74	
	00:41.17	00:47.84	00:48.32	00:47.41	
					

Coach feedback:

Event number: 22: 200M BREASTSTROKE MEN					Heat:3, starttime: 17:05
Heat: 3/3 Lane : 2 Athlete: DEKYVERE MATHIAS					Q-time: 02:49:40
PB (50m pool): 02:49.40 La Louvière 25/05/2025					PB (25m pool): 02:40.68 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.46	01:21.32	02:06.42	02:49.40	
	00:37.46	00:43.86	00:45.10	00:42.98	
					

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 23: 200M FREESTYLE WOMEN					Heat:1, starttime: 17:09
Heat: 1/3 Lane : 1 Athlete: BULLEN LOTTE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 02:32.53 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 23: 200M FREESTYLE WOMEN					Heat:1, starttime: 17:09
Heat: 1/3 Lane : 2 Athlete: VELLEMAN'S LORE					Q-time: 03:08:29
PB (50m pool): 03:08.29 Antwerpen 13/07/2025 PB (25m pool): 03:08.70 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.35	01:31.15	02:20.28	03:08.29	
	00:42.35	00:48.80	00:49.13	00:48.01	
					

Coach feedback:

Event number: 23: 200M FREESTYLE WOMEN					Heat:2, starttime: 17:13
Heat: 2/3 Lane : 7 Athlete: HOEBEECK TINNE					Q-time: 02:33:24
PB (50m pool): 02:33.24 Aalst 11/05/2025 PB (25m pool): 02:29.10 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.00	01:14.78	01:54.43	02:33.24	
	00:35.00	00:39.78	00:39.65	00:38.81	
					

Coach feedback:

Event number: 23: 200M FREESTYLE WOMEN					Heat:3, starttime: 17:16
Heat: 3/3 Lane : 2 Athlete: EELBODE EMELIE					Q-time: 02:19:91
PB (50m pool): 02:19.91 Antwerpen 20/07/2025 PB (25m pool): 02:20.22 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.14	01:06.95	01:43.78	02:19.91	
	00:31.14	00:35.81	00:36.83	00:36.13	
					

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 24: 200M FREESTYLE MEN					Heat:2, starttime: 17:23
Heat: 2/3 Lane : 1 Athlete: WALTNIEL NAND					Q-time: 02:30:47
PB (50m pool): 02:30.47 Antwerpen 20/04/2025					PB (25m pool): 02:19.92 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.99	01:09.93	01:50.70	02:30.47	
	00:31.99	00:37.94	00:40.77	00:39.77	
					

Coach feedback:

Event number: 24: 200M FREESTYLE MEN					Heat:2, starttime: 17:23
Heat: 2/3 Lane : 2 Athlete: JANSOONE DENNIS					Q-time: 02:26:31
PB (50m pool): 02:26.31 Aalst 11/05/2025					PB (25m pool): 02:21.36 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.55	01:10.76	01:49.72	02:26.31	
	00:32.55	00:38.21	00:38.96	00:36.59	
					

Coach feedback:

Event number: 24: 200M FREESTYLE MEN					Heat:2, starttime: 17:23
Heat: 2/3 Lane : 5 Athlete: VERHAEVERT NAN					Q-time: 02:17:56
PB (50m pool): 02:17.56 Aalst 11/05/2025					PB (25m pool): 02:13.59 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.30	01:06.74	01:42.75	02:17.56	
	00:31.30	00:35.44	00:36.01	00:34.81	
					

Coach feedback:

Event number: 24: 200M FREESTYLE MEN					Heat:2, starttime: 17:23
Heat: 2/3 Lane : 7 Athlete: OSSELAER ELANO					Q-time: 02:30:32
PB (50m pool): 02:30.32 Antwerpen 13/07/2025					PB (25m pool): 02:23.66 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.60	01:14.22	01:54.88	02:30.32	
	00:34.60	00:39.62	00:40.66	00:35.44	
					

Coach feedback:

Midwintertest: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 24: 200M FREESTYLE MEN					Heat:2, starttime: 17:23
Heat: 2/3 Lane : 8 Athlete: VERNAILLEN SEPPE					Q-time: 02:35:27
PB (50m pool): 02:35.27 Aalst 28/06/2025					PB (25m pool): 02:20.30 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.84	01:15.75	01:56.62	02:35.27	
	00:34.84	00:40.91	00:40.87	00:38.65	
					

Coach feedback:

Event number: 24: 200M FREESTYLE MEN					Heat:3, starttime: 17:26
Heat: 3/3 Lane : 1 Athlete: CAUDRON XIBE					Q-time: 02:12:34
PB (50m pool): 02:12.34 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 01:59.33 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.26	01:02.98	01:37.48	02:12.34	
	00:30.26	00:32.72	00:34.50	00:34.86	
					

Coach feedback: